MPD RED DOT SIGHT (RDS) 4 HOUR OUTLINE

- Class Introduction: Experience with RDS. Host weapon for RDS.
- Instructor Introduction.
- MPD policy 300 covering RDS for duty pistols.
- Life Safety Brief/Range Safety:
  1) All guns are always loaded. Always.
  2) Never let your muzzle cross anything you are not willing to destroy.
  3) Keep your finger straight and off the trigger until you are on target, or on your sights, with the intent to fire.
  4) Know your target’s foreground and background.
  5) Never try to catch a dropped firearm.
- Medical plan.
- Discussion of the RDS:
  • Benefits of RDS for duty. Discussion of single focal plane and maintaining “threat” focus. RDS maintenance. RDS zeroing. Proper RDS sight acquisition. Low light techniques with RDS.
- Training Drills:
  1) Zeroing of RDS on pistol.
  2) Five Second Cognitive Drill: Students will utilize single shot drills, from the holster, forcing a use of full 5 seconds. From there, it is whittled down to 4 seconds, 3 seconds, and finally 2 seconds. All single dot draws for each time limit. Proper RDS acquisition is discussed and explained.
  3) Pistol single shot holster work. Having developed proper technique from above drill, the student will now fire a single shot from the holster, and work through an entire magazine. After one magazine, student will rack-load an empty mag, and complete a “fire, reload, fire” type of drill on available target.

4) Dot Drill: Students will incorporate the “DOT Torture” drill to focus on sight picture and basic pistol fundamentals. This drill is to be shot two times.
  5) Cadence drills: These are 5-round groups requiring cadence of fire. As cadence of fire increases, grip techniques will be covered to maximize visual tracking of RDS during live fire.
  6) Multiple target engagement: This will provide exposure to visual tracking between multiple targets. Key techniques are discussed.
  7) Occluded sight drill: Sight is covered with blue tape, and “framing” the RMR is utilized for occluded optic scenarios.
  8) MPD pistol qualification with RDS and with iron sights.
  9) MPD qualification with low light, utilizing a weapon mounted light. RDS adjustment for white light is discussed and used for low light qualification.
- Conclusion of RDS training block.