The City of Monterey has posted important information on its website (monterey.org/coronavirus) including these topics:

- Economic assistance for employees and employers
- Care for Community Resource Directory
- Restaurants offering to-go and delivery services
- Special hours for local grocery stores
- Guidelines on how to prevent the spread of the coronavirus

The City of Monterey is working closely with Monterey County to ensure availability of resources and services to improve hygiene, social distancing, and assistance to Monterey residents. In addition, there continue to be many resources available to the public during this health crisis including the following services.

**General Assistance**

**Operation Outreach**
The City of Monterey launched **Operation Outreach** on March 16, 2020 to help older adults and those with compromised immune systems connect in other ways than in-person. Residents can call 831-646-3933 Monday-Friday from 9 am to 5 pm and Saturdays from 10 am - 6 pm.

The City of Monterey also encourages residents to reach out to United Way 2-1-1, Alliance on Aging (831-758-4011), and Monterey County Social Services (831-755-4448) for food, clothing, and mental health services.

The Gathering for Women (147 El Dorado Street) is serving take-away meals, and provides warm showers, clothes, and emergency case management (Mon-Thur 8AM to 4PM, Fri 8AM to 2PM).
Hygiene and Handwashing Stations

To maintain critical sanitation services, the City of Monterey provides five hand-washing stations located at Simoneau Plaza (Monterey Transit Plaza), El Estero Park, and on Del Monte Boulevard across from the Naval Postgraduate School. These units are open to the public. Additionally, there are 23 public restrooms that have remained open for public sanitation needs.

Additionally, the non-profit organization Safeplace is offering telehealth conferencing services for youths 18-25 and offering hand sanitizer to the public from 10 am - 3 pm daily at 590 Pearl Street.

Food Distribution

The City of Monterey has coordinated with the National Guard and has requested the food distribution of (Meals, Ready-to-Eat) MREs during the COVID-19 Shelter at Home order. Each individual will receive a three day supply of non-perishable meals every three days on a recurring basis for the duration of the Shelter in Place order. The food distribution site will be available at El Estero Park near the Skate Park.

Several non-profits are also providing meal assistance throughout the week and on weekends at the El Estero Park (Saturdays at Monterey Skate Park at 9 am), Window on the Bay (Sundays at 8 am) and the Recreation Trail parking lot across from the Naval Postgraduate School (Mon-Fri, 11:15 am and Sun at 11 am).

The Monterey Food Bank has opened additional food distributions that it will post on its Facebook page - facebook.com/TheFoodBankforMontereyCounty/, or call the Food Bank at 831-758-1523.

The Shoreline Community Church (2500 Garden Road) is distributing food on Tuesdays and Thursdays from 12PM to 2:30PM (ID needed, once per household per month).

There are also efforts by restaurants and nonprofits and restaurants to provide home meal delivery to those unable to drive or travel to distribution locations. The Loveourcentralcoast.org website is a great resource for those looking to volunteer or receive assistance with home delivered food or household supplies. It is also important to note that people may always call 2-1-1 for assistance with food or other services.

Accommodation and Shelter

One Starfish Program
Provides safe overnight parking with the goal of finding housing, a source of increased income, and access to healthcare. One Starfish can be contacted at 843-276-7655. Program information can be found at http://www.onestarfishsafeparking.org/food-bank.html.