

Spring Co-ed Volleyball League

Co-ed Volleyball League will be divided into two nights. Only 7 teams will be accepted for each night. CLOSING DATE IS MARCH 8 or the first 14 teams who register before the closing date.

For ages 18 and older.

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	MCR FEE	OCR FEE	ACTIVITY#
M	6:15-9:15pm	Mar 22-May 10	Sports Center	Staff	\$225	\$250	53027-A
Tu	6:15-9:15pm	Mar 23-May 11	Sports Center	Staff	\$225	\$250	53027-B

Women's Volleyball League

This intermediate level volleyball league is for women 18 years of age and older. Closing date is March 8 or the first 7 teams who register before the closing date. Don't have a team? Sign up on the Hot Sheet (646-3439) as an individual and we'll put a team together.

For ages 18 and older.

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	MCR FEE	OCR FEE	ACTIVITY#
W	6:15-9:15pm	Mar 24-May 12	Sports Center	Staff	\$225	\$250	53036-A

For all TEAM FEES: To be eligible for the "Monterey City Resident" team fee, the team roster must have at least 75% or more Monterey Residents on the team based on the maximum number of players allowed on the roster. Teams who do NOT TURN IN A FULL ROSTER will be considered as "Other City Residents" and will pay that fee unless they meet the 75% requirement. A TEAM ROSTER MUST BE TURNED IN AT THE TIME OF REGISTRATION OR TEAMS MUST PAY THE "OTHER CITY RESIDENT" FEE. LATE REGISTRATION: If space is available after closing date, add \$25 per team.

"Hot Sheet" Co-Ed Volleyball

Want to play in a volleyball league? Sign up on the "hot sheet" used by managers for recruiting. To be placed on the list, call 646-3439.

Volunteer Coaches Needed

We need volunteers to donate some time to be a coach or to assist in coaching. If you are interested in volunteering, please call the Monterey Sports Center at 646-3439.

**PLEASE NOTE: COURT SHOES ONLY ALLOWED INSIDE THE GYMNASIUM!
ALL PROGRAMS ARE SUBJECT TO CHANGE IN DATES AND TIMES.**

MSC Martial Arts

Jujitsu-Karate/Self Defense

This program combines the martial arts of Jujitsu and Karate. Students may earn rank from white belt through black belt in both arts.

For ages 6 and older.

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	MCR FEE	OCR FEE	ACTIVITY#
W,F	7:00-9:00pm	Dec 9-Dec 18	Sports Center	Staff	\$20	\$24	52075-A
W,F	7:00-9:00pm	Jan 6-Jan 29	Sports Center	Staff	\$40	\$48	52075-B
W,F	7:00-9:00pm	Feb 3-Feb 26	Sports Center	Staff	\$40	\$48	52075-C
W,F	7:00-9:00pm	Mar 3-Mar 26	Sports Center	Staff	\$40	\$48	52075-D
W,F	7:00-9:00pm	Mar 31-Apr 23	Sports Center	Staff	\$40	\$48	52075-E
W,F	7:00-9:00pm	Apr 28-May 21	Sports Center	Staff	\$40	\$48	52075-F
W,F	7:00-9:00pm	May 26-Jun 18	Sports Center	Staff	\$40	\$48	52075-G

Adult Martial Arts Skills

This class provides more individualized instruction for adults to learn and master the martial arts skills of Jujitsu and Karate.

For ages 16 and older or with instructor's permission.

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	MCR FEE	OCR FEE	ACTIVITY#
M	8:00-9:00pm	Dec 7-Dec 14	Sports Center	Staff	\$10	\$14	52076-A
M	8:00-9:00pm	Jan 4-Jan 25	Sports Center	Staff	\$20	\$28	52076-B
M	8:00-9:00pm	Feb 1-Feb 22	Sports Center	Staff	\$20	\$28	52076-C
M	8:00-9:00pm	Mar 1-Mar 22	Sports Center	Staff	\$20	\$28	52076-D
M	8:00-9:00pm	Mar 29-Apr 19	Sports Center	Staff	\$20	\$28	52076-E
M	8:00-9:00pm	Apr 26-May 17	Sports Center	Staff	\$20	\$28	52076-F
M	8:00-9:00pm	May 24-Jun 14	Sports Center	Staff	\$20	\$28	52076-G

