

# MSC Gymnasium

## Co-ed Volleyball League-Junior High

Fun, sportsmanship, and teamwork are the priorities in this league. For all skill levels. Learn or sharpen your passing, setting, spiking, serving skills, and more. First meeting 6:00-7:00pm, last seven weeks game times will vary between 6:00-9:00pm.

**For ages 6th through 8th grade.**

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	MCR FEE	OCR FEE	ACTIVITY#
F	6:00-9:00pm	Sep 18-Nov 13 (no program Oct 23)	Sports Center	Staff	\$45	\$53	43030-A

## Co-ed Volleyball League (Intermediate)

Only 7 teams will be accepted for each night. Closing date is July 6 for the summer session or the first 14 teams who register before the closing date. The closing date is September 7 for the fall session.

**For ages 18 and older.**

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	MCR FEE	OCR FEE	ACTIVITY#
M	6:15-9:15pm	Jul 20-Sep 14 (no program Sep 7)	Sports Center	Staff	\$225	\$250	43027-A
Tu	6:15-9:15pm	Jul 21-Sep 15 (no program Sep 8)	Sports Center	Staff	\$225	\$250	43027-B
M	6:15-9:15pm	Sep 21-Nov 16 (no program Oct 19)	Sports Center	Staff	\$225	\$250	43027-C
Tu	6:15-9:15pm	Sep 22-Nov 17 (no program Oct 20)	Sports Center	Staff	\$225	\$250	43027-D

## Reverse Co-ed Volleyball League

Reverse Co-ed Volleyball is similar to Regular Co-ed Volleyball but with a few exceptions-women's net height, men are not allowed to block and can only attack the ball from behind the 10-foot line. Closing date is July 6 for the summer session and September 7 for the fall session.

**For ages 18 and older.**

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	MCR FEE	OCR FEE	ACTIVITY#
Th	6:15-9:15pm	Jul 23-Sep 17 (no program Sep 10)	Sports Center	Staff	\$225	\$250	43035-A
Th	6:15-9:15pm	Sep 24-Nov 19 (no program Oct 22)	Sports Center	Staff	\$225	\$250	43035-B

## Women's Volleyball League

This intermediate level volleyball league is for women 18 years of age and older. Closing date is July 6 for the summer league and September 7 for the fall league or the first 7 teams who register for each league before the closing dates. Don't have a team? Sign up on the Hot Sheet (646-3439) as an individual and we'll put a team together.

**For ages 18 and older.**

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	MCR FEE	OCR FEE	ACTIVITY#
W	6:15-9:15pm	Jul 22-Sep 16 (no program Sep 9)	Sports Center	Staff	\$225	\$250	43036-A
W	6:15-9:15pm	Sep 23-Nov 18 (no program Oct 21)	Sports Center	Staff	\$225	\$250	43036-B

**For all TEAM FEES:** To be eligible for the "Monterey City Resident" team fee, the team roster must have at least 75% or more Monterey Residents on the team based on the maximum number of players allowed on the roster. Teams who do NOT TURN IN A FULL ROSTER will be considered as "Other City Residents" and will pay that fee unless they meet the 75% requirement. A TEAM ROSTER MUST BE TURNED IN AT THE TIME OF REGISTRATION OR TEAMS MUST PAY THE "OTHER CITY RESIDENT" FEE.

## "Hot Sheet" Volleyball

(Want to play in a volleyball league? Sign up on the "hot sheet" used by managers for recruiting. To be placed on the list, call 646-3439.)

## Youth Wrestling

This program will develop individual skills in the sport of wrestling. Emphasis will be on having fun while learning the fundamentals of wrestling.

**For ages 1st through 8th grade.**

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	MCR FEE	OCR FEE	ACTIVITY#
Th	5:30-6:30pm	Sep 17-Nov 5	Sports Center	Staff	\$45	\$53	43052-A

## Pee Wee Indoor Soccer

Emphasis is placed on developing skills, teamwork, and sportsmanship, instead of winning. First meeting is 9:00 to 10:00am. Last seven weeks, game times will vary between 9:00-11:00am.

**For ages Kindergarten through 1st grade.**

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	MCR FEE	OCR FEE	ACTIVITY#
Sa	9:00-11:00am	Nov 7-Jan 16 (no program Nov 28, Dec 26 and Jan 2)	Sports Center	Staff	\$45	\$53	43042-A

## Volunteer Coaches Needed

We need volunteers to donate some time to be a coach or to assist in coaching. If you are interested in volunteering, please call the Monterey Sports Center at 646-3439.

**PLEASE NOTE: COURT SHOES ONLY ALLOWED INSIDE THE GYMNASIUM!  
ALL PROGRAMS ARE SUBJECT TO CHANGE IN DATES AND TIMES.**