




General Interest

General Interest

- Bicycle Maintenance 
- Children's Creative Learning Center Preschool at Monterey Presidio
- Community Emergency Response Team (C.E.R.T.) Training
- City Volunteers Needed!
- CPR: Basic Life Saver Adult and Pediatric
- City of Monterey Dog Excrement Ordinance
- Family Night
- Weight Loss: The Healthy Way 
- What's In Your Food? How to Read the Labels On The Food You Buy 
- Volunteers in Parks/Volunteer Gardeners
- Individual Volunteer Projects
- Youth Achievement Award

Bicycle Maintenance

Join us and learn basic maintenance and safety. You will learn how to inflate your tires, change a flat tire, adjust your brakes, and keep your bike clean and lubed. You will also learn basic helmet fit.

For ages 14 and older.

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	MCR FEE	OCR FEE	ACTIVITY#
Tu	7:00-9:00pm	Jul 29	Casanova Oak Knoll	E. Chavez	\$25	\$33	24085-1
Tu	7:00-9:00pm	Oct 28	Casanova Oak Knoll	E. Chavez	\$25	\$33	24085-2

Children's Creative Learning Center Preschool at Monterey Presidio

Accredited through the National Association for the Education of Young Children, the Children's Creative Learning Center Preschool at Monterey provides full day care, including snacks and lunch. The Center provides care and educational services for children age six weeks through five years and is open Monday through Friday 7:00 a.m. to 6:00 p.m. Open and accepting enrollments for both military and civilian families. 1608 Pvt. Bolio Road, Presidio of Monterey, 647-1880.

Community Emergency Response Team (C.E.R.T.) Training

Be prepared! C.E.R.T. training offers basic skills that can save lives in the event of a disaster. Learn what you can do to help your family, your neighbors, and your workplace before, during, and after a disaster. Training is offered on an ongoing basis. To register, call Monterey Fire Department Administration at 646-3900 or Volunteer Services at 646-3719. For additional information and training dates go to www.monterey.org/fire/cert.



CITY VOLUNTEERS NEEDED!

The City of Monterey is seeking volunteers for a variety of assignments in nearly every City Department! Projects include both long term or short term assignments. As a volunteer, you have the opportunity to become a part of the City of Monterey team as well as to meet new people, make a difference in your community and even learn a new skill. For more information check www.monterey.org/volunteer or call 646-3719.

CPR: Basic Life Saver Adult and Pediatric

This course teaches CPR for adults, children and infants. The American Heart Association certification is valid for two years upon completion of the course. Class does not qualify as Health Care Provider CPR. Please call the Monterey Fire Department at 646-3900. Registration form and additional information available at www.monterey.org/fire/cpr/cprprogram.html.

For ages 12 and older.

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR
Tu	6:00-10:00pm	Jun 17	Youth Center	City of Monterey Firefighters
Tu	6:00-10:00pm	Aug 19	Youth Center	City of Monterey Firefighters
Tu	6:00-10:00pm	Oct 21	Youth Center	City of Monterey Firefighters
Sa	8:30am-12:30pm	Jul 26	Emergency Operations Center	City of Monterey Firefighters
Sa	8:30am-12:30pm	Sep 27	Emergency Operations Center	City of Monterey Firefighters
Sa	8:30am-12:30pm	Nov 15	Emergency Operations Center	City of Monterey Firefighters

Fees: \$10 For those living or working in Monterey (proof of residency required).
\$40 All others.

City of Monterey Dog Excrement Ordinance

This is to advise you that the City of Monterey passed a law requiring dog owners to clean up after their pets.

The ordinance prohibits anyone who owns or has custody of a dog to allow it to deposit excrement on public or private property without permission of the property owner. The person in charge of the dog will be required to clean up after it.

Violation of the ordinance is considered to be an infraction and it carries a fine of up to \$100.00 for the first offense, up to \$200.00 for the second offense, and up to \$500.00 for the third offense.

YOUR HELP AND COOPERATION IN THIS MATTER ARE DEEPLY APPRECIATED.

Family Night

Come and enjoy the many activities provided such as billiards, ping pong, foosball and video games. Join the fun at your neighborhood Community Center!

For Teens and their families. (No program Sep 1, 9, and Nov 11)

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	FEE
M	5:00-8:45pm	Continuous	Youth Center	Staff	Free
Tu	5:00-8:45pm	Continuous	Casanova Oak Knoll	Staff	Free
W	5:00-8:45pm	Continuous	Hilltop Park	Staff	Free

Monterey Youth Center Teen Room, 777 Pearl Street, 646-3873

Casanova Oak Knoll Park Center Recreation Hall, 735 Ramona Avenue, 646-5665

Hilltop Park Center Teen Room, 871 Jessie Street, 646-3975

Weight Loss: The Healthy Way

Discussion will be on what makes us overweight and why it is extremely difficult to lose weight and keep it off unless you do it the right way!

For ages 18 and older.

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	MCR FEE	OCR FEE	ACTIVITY#
Tu	7:00-8:30pm	Oct 14	Casanova Oak Knoll	G. Gensel, D.C., C.N.C.	\$15	\$20	24082-1

What's In Your Food? How to Read the Labels on the Food You Buy!

You will learn how to read labels and identify ingredients that can rob you of the very health you are trying to maintain. Bring your food labels to class.

For ages 18 and older.

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	MCR FEE	OCR FEE	ACTIVITY#
Tu	7:00-8:30pm	Aug 12	Casanova Oak Knoll	G. Gensel, D.C., C.N.C.	\$15	\$20	24081-1

Volunteers in Parks

Volunteer Gardeners

Gardening information and instruction is provided to volunteer gardeners who are interested in helping with the maintenance and beautification of various parks and gardens. No special skill is needed except a capacity for enjoying the outdoors. Tools and materials will be provided. Please call the Parks Division at 646-3860 for location information. You may also contact Community Resources Coordinator Tish Sammon at 646-3719.

For ages 18 and older.

DAY	TIME	SESSIONS	LOCATION	FEE
Tu	9:00am-12:00pm	Year-round	Parks Division	None

Individual Volunteer Projects

Make your own hours. Choose your neighborhood or favorite location. Have your own project. For further information call the City of Monterey Parks Division, 646-3860. You may also contact Community Resources Coordinator Tish Sammon at 646-3719.

Youth Achievement Award

The Monterey City Council has established a Mayor/Council Youth Achievement Award Program. This program is open to any Monterey Resident youth from 2nd grade through 12th grade. The criteria for nominations is based on the following two categories: Community Contribution and Personal Family Achievement. Anyone may nominate a Monterey Resident youth for this award by submitting a nomination form to City Hall. Please contact the Recreation and Community Services Department office at 646-3866 if further information is needed or to obtain nomination forms.