

## Camp Quien Sabe Family Weekend

All ages and members of a family are invited to get away for the weekend and join us at Camp Quien Sabe. Families must provide their own transportation. All meals are provided and families participate in a variety of camp activities including hiking, boating, swimming, arts and crafts, campfire program and plenty of outdoor fun!

*For all ages.*

DAY/TIME	LOCATION	INSTRUCTOR
F, 5:00pm-Su, 3:00pm	Toro Regional Park, Youth Overnight Camping Area	Staff
SESSION	FEE	ACTIVITY#
Jul 10-Jul 12	Adults (15 and over) \$70 each Children (1-14) \$60 each Infants (1-11 months) Free	22006-1

# Dance

## Ballet for Children at Hilltop Park Center (Pre-Ballet and Ballet I only)

Hilltop Park Center offers a ballet program at three different levels of skill. These classes are taught by Carol Richmond.

**PRE-BALLET:** These are basic classes in pre-ballet movement for younger students. Exercises and simple dances are designed to promote strength, flexibility, coordination and self-expression. Certain ballet positions and movements are introduced.

**BALLET I AND BALLET II:** These two ballet classes emphasize correct alignment, proper muscular development and safety of execution. Students learn traditional French terminology and are exposed to the classical music and history of ballet.

**PLEASE NOTE:** Students in Ballet II must have completed the previous levels to enroll or have the instructor's permission.

**DRESS REQUIREMENT: For girls:** PINK ballet shoes, PINK tights, BLACK leotards.

**For boys:** BLACK ballet shoes, knee socks, athletic shorts, WHITE tee shirt (tucked in).

### Pre-Ballet: Preschoolers who will enter kindergarten in the Fall of 2009.

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	MCR FEE	OCR FEE	ACTIVITY#
W	1:15-2:00pm	Jun 10-Jul 22	Hilltop Park	C. Richmond	\$70	\$91	23002-1
W	1:15-2:00pm	Aug 19-Sep 30 (no class Sep 9)	Hilltop Park	C. Richmond	\$60	\$78	23002-2
W	1:15-2:00pm	Oct 7-Nov 25 (no class Nov 11)	Hilltop Park	C. Richmond	\$70	\$91	23002-3
W	2:00-2:45pm	Jun 10-Jul 22	Hilltop Park	C. Richmond	\$70	\$91	23008-1
W	2:00-2:45pm	Aug 19-Sep 30 (no class Sep 9)	Hilltop Park	C. Richmond	\$60	\$78	23008-2
W	2:00-2:45pm	Oct 7-Nov 25 (no class Nov 11)	Hilltop Park	C. Richmond	\$70	\$91	23008-3

### Ballet I: First grade and older.

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	MCR FEE	OCR FEE	ACTIVITY#
W	2:45-3:30pm	Jun 10-Jul 22	Hilltop Park	C. Richmond	\$70	\$91	23004-1
W	2:45-3:30pm	Aug 19-Sep 30 (no class Sep 9)	Hilltop Park	C. Richmond	\$60	\$78	23004-2
W	2:45-3:30pm	Oct 7-Nov 25 (no class Nov 11)	Hilltop Park	C. Richmond	\$70	\$91	23004-3

### Ballet II: Second grade or older (pre-requisite: 1 year of previous classical training).

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	MCR FEE	OCR FEE	ACTIVITY#
W	3:30-4:30pm	Jun 10-Jul 22	Hilltop Park	C. Richmond	\$70	\$91	23006-1
W	3:30-4:30pm	Aug 19-Sep 30 (no class Sep 9)	Hilltop Park	C. Richmond	\$60	\$78	23006-2
W	3:30-4:30pm	Oct 7-Nov 25 (no class Nov 11)	Hilltop Park	C. Richmond	\$70	\$91	23006-3

## Creative Dance for Little Feet

Little ones are full of creative and physical energy. Children will learn to express themselves through dance as they fly like a bird, stretch like a cat and touch rainbows.

*For ages 3-4 years.*

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	MCR FEE	OCR FEE	ACTIVITY#
M	10:15-11:00am	Jun 8-Jul 20	Hilltop Park	C. Richmond	\$70	\$91	22999-1
M	10:15-11:00am	Aug 17-Sep 28 (no class Sep 7)	Hilltop Park	C. Richmond	\$60	\$78	22999-2
M	10:15-11:00am	Oct 5-Oct 26	Hilltop Park	C. Richmond	\$40	\$52	22999-3
M	10:15-11:00am	Nov 2-Nov 30	Hilltop Park	C. Richmond	\$50	\$65	22999-4
Tu	11:00-11:45am	Jun 9-Jul 21	Hilltop Park	C. Richmond	\$70	\$91	23000-1
Tu	11:00-11:45am	Aug 18-Sep 22	Hilltop Park	C. Richmond	\$60	\$78	23000-2
Tu	11:00-11:45am	Sep 29-Oct 27	Hilltop Park	C. Richmond	\$50	\$65	23000-3
Tu	11:00-11:45am	Nov 3-Nov 24	Hilltop Park	C. Richmond	\$40	\$52	23000-4

### Ballroom Dancing: Beginner

Focus on learning foot work, technique, understanding rhythm and balance, partnership skills, basic combinations and how to maneuver around the dance floor. Dances featured include the Fox Trot, Swing, Cha Cha, Rumba, Waltz, Salsa and more. Each class includes warm-ups, instruction and open dancing. Co-Sponsored by Monterey Adult Education. Register at each class.

**For ages 18 and older.**

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	FEE
Tu	6:00-7:00pm	Continuous (no class Nov 3)	Senior Center	L. Martin	\$2 per class

### Ballroom Dancing: Intermediate

Improve your grace, fluidity, posture and partnership skills. Students will learn more sophisticated combinations and routines. Review and learn new material such as the Meringue and Tango. Co-Sponsored by Monterey Adult Education. Register at each class.

**For ages 18 and older.**

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	FEE
Tu	7:00-8:30pm	Continuous (no class Nov 3)	Senior Center	L. Martin	\$2 per class

### Capoeira Angola Dance for Adults

Capoeira Angola is an African Brazilian Dance involving playful non-contact sparring, choreographed movements, mental/physical discipline and spirituality. Use of musical instruments will also be taught.

**For ages 16 and older.**

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	MCR FEE	OCR FEE	ACTIVITY#
M	6:30-8:30pm	Jun 8-Jun 29	MYC Dance Studio	L. Rocha	\$40	\$52	23574-1
M	6:30-8:30pm	Aug 10-Aug 24	MYC Dance Studio	L. Rocha	\$30	\$39	23574-2
M	6:30-8:30pm	Oct 5-Oct 26	MYC Dance Studio	L. Rocha	\$40	\$52	23574-3
M	6:30-8:30pm	Nov 9-Nov 30	MYC Dance Studio	L. Rocha	\$40	\$52	23574-4

### Egyptian Cabaret Style Belly Dance

Young ladies will learn the basics of the beautiful and expressive art of belly dance. Learn various basic belly dance moves while also learning about belly dance drumbeats, music and traditional costumes.

**For ages 8-16 years.**

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	MCR FEE	OCR FEE	ACTIVITY#
W	5:30-6:30pm	Jul 1-Jul 22	Casanova Oak Knoll	Staff	\$20	\$26	23010-1
W	5:30-6:30pm	Sep 16-Oct 7	Casanova Oak Knoll	Staff	\$20	\$26	23010-2

### Hip-Hop Dance

Designed with your child in mind, dance moves will be broken down into smaller, easy to learn segments. This class teaches teamwork, coordination and agility.

**For ages 9-12 years.**

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	MCR FEE	OCR FEE	ACTIVITY#
F	4:00-5:00pm	Jun 5-Jun 26	MYC Dance Studio	M. Conley	\$35	\$46	23040-1
F	4:00-5:00pm	Jul 10-Jul 31	MYC Dance Studio	M. Conley	\$35	\$46	23040-2
F	4:00-5:00pm	Aug 14-Aug 28	MYC Dance Studio	M. Conley	\$27	\$35	23040-3
F	4:00-5:00pm	Sep 11-Sep 25	MYC Dance Studio	M. Conley	\$27	\$35	23040-4
F	4:00-5:00pm	Oct 9-Oct 30	MYC Dance Studio	M. Conley	\$35	\$46	23040-5
F	4:00-5:00pm	Nov 6-Nov 20	MYC Dance Studio	M. Conley	\$27	\$35	23040-6

### International Folk Dancing for Beginners/Intermediate

Come learn a different dance each week from all over the world. Join in the fun and expand your horizons. Couples and singles are welcome. Register at each class.

**For ages 18 and older.**

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	FEE
W	6:30-9:00pm	Continuous (no class Sep 9, Nov 4 and 11)	Senior Center	Z. Leavy/M. Hancock	\$1 per class

### Line Dancing: Beginner

Join the fun and learn what a shuffle, jazz box and vine can do to make life more enjoyable. This beginner class teaches you simple line dance routines. Co-sponsored by Monterey Adult Education. Register at each class.

**For ages 18 and older.**

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	FEE
M	9:30-11:30am	Continuous (no class Sep 7 and Nov 2)	Senior Center	C. Tefertiller	None

## Line Dancing: Intermediate

Line up for the best workout ever...that's fun too! Learn choreographed routines, increase your stamina and coordination, and dance to a variety of music. Dance experience is helpful. Co-sponsored by Monterey Adult Education. Register at each class.

**For ages 18 and older.**

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	FEE
Tu	9:30-11:30am	Continuous (no class Nov 3)	Senior Center	C. Tefertiller	None

## Modern Jazz I

Give your child the gift of dance! A unique blend of jazz and modern dance allows the students to explore their creative side while learning the basics.

**For ages 5-7 years.**

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	MCR FEE	OCR FEE	ACTIVITY#
M	3:30-4:30pm	Jun 8-Jun 22	MYC Dance Studio	M. Conley	\$27	\$35	23046-1
M	3:30-4:30pm	Jul 6-Jul 27	MYC Dance Studio	M. Conley	\$35	\$46	23046-2
M	3:30-4:30pm	Aug 10-Aug 24	MYC Dance Studio	M. Conley	\$27	\$35	23046-3
M	3:30-4:30pm	Sep 14-Sep 28	MYC Dance Studio	M. Conley	\$27	\$35	23046-4
M	3:30-4:30pm	Oct 5-Oct 26	MYC Dance Studio	M. Conley	\$35	\$46	23046-5
M	3:30-4:30pm	Nov 2-Nov 23	MYC Dance Studio	M. Conley	\$35	\$46	23046-6

## Modern Jazz II

An intermediate class for the experienced, young dancer. Dancers develop greater strength, flexibility, multiple turns, isolations and more refined choreography.

**For ages 7-9 years. (Instructor permission required).**

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	MCR FEE	OCR FEE	ACTIVITY#
M	4:30-5:30pm	Jun 8-Jun 22	MYC Dance Studio	M. Conley	\$27	\$35	23047-1
M	4:30-5:30pm	Jul 6-Jul 27	MYC Dance Studio	M. Conley	\$35	\$46	23047-2
M	4:30-5:30pm	Aug 10-Aug 24	MYC Dance Studio	M. Conley	\$27	\$35	23047-3
M	4:30-5:30pm	Sep 14-Sep 28	MYC Dance Studio	M. Conley	\$27	\$35	23047-4
M	4:30-5:30pm	Oct 5-Oct 26	MYC Dance Studio	M. Conley	\$35	\$46	23047-5
M	4:30-5:30pm	Nov 2-Nov 23	MYC Dance Studio	M. Conley	\$35	\$46	23047-6

## Scottish Country Dancing: Beginner

Social dancing of Scotland. No partner necessary. Wear shoes with soft flexible soles. Register at each class.

**For ages 18 and older.**

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	FEE
M	6:30-7:45pm	Jun 1-Nov 23 (no class Sep 7 and Nov 2)	Senior Center	S. Gratiot	\$1 per class

## Scottish Country Dancing: Intermediate

Social dancing of Scotland. For those who have mastered the basic figures and steps. No partner necessary. Wear shoes with soft flexible soles. Register at each class.

**For ages 18 and older.**

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	FEE
M	7:30-8:45pm	Jun 1-Nov 23 (no class Sep 7 and Nov 2)	Senior Center	S. Gratiot	\$1 per class

## Tap for Tots

Tots will dance to children's melodies, learn rhythmic foot exercises and participate in fun activities. Bring tap shoes or shoes with a 1½" heel.

**For age 3-5 years.**

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	MCR FEE	OCR FEE	ACTIVITY#
Th	9:30-10:00am	Jun 4-Jun 25	MYC Dance Studio	H. Humphreys	\$24	\$32	23035-1
Th	9:30-10:00am	Jul 2-Jul 23	MYC Dance Studio	H. Humphreys	\$24	\$32	23035-2
Th	9:30-10:00am	Aug 13-Sep 3	MYC Dance Studio	H. Humphreys	\$24	\$32	23035-3
Th	9:30-10:00am	Sep 10-Oct 1	MYC Dance Studio	H. Humphreys	\$24	\$32	23035-4
Th	9:30-10:00am	Oct 8-Oct 29	MYC Dance Studio	H. Humphreys	\$24	\$32	23035-5
Th	9:30-10:00am	Nov 5-Nov 19	MYC Dance Studio	H. Humphreys	\$18	\$24	23035-6
Th	10:00-10:30am	Jun 4-Jun 25	MYC Dance Studio	H. Humphreys	\$24	\$32	23036-1
Th	10:00-10:30am	Jul 2-Jul 23	MYC Dance Studio	H. Humphreys	\$24	\$32	23036-2
Th	10:00-10:30am	Aug 13-Sep 3	MYC Dance Studio	H. Humphreys	\$24	\$32	23036-3
Th	10:00-10:30am	Sep 10-Oct 1	MYC Dance Studio	H. Humphreys	\$24	\$32	23036-4
Th	10:00-10:30am	Oct 8-Oct 29	MYC Dance Studio	H. Humphreys	\$24	\$32	23036-5
Th	10:00-10:30am	Nov 5-Nov 19	MYC Dance Studio	H. Humphreys	\$18	\$24	23036-6

## Tap for Children

Basic tap dancing to Hip-Hop, Jazz and Broadway tunes. Learn your time steps, the shim-sham and riff walks all in a fun environment.

**For ages 5-9 years.**

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	MCR FEE	OCR FEE	ACTIVITY#
Th	5:15-6:15pm	Jun 4-Jun 25	Hilltop Park	L. Bindel	\$28	\$36	23706-1
Th	5:15-6:15pm	Jul 2-Jul 23	Hilltop Park	L. Bindel	\$28	\$36	23706-2
Th	5:15-6:15pm	Aug 6-Aug 27	Hilltop Park	L. Bindel	\$28	\$36	23706-3
Th	5:15-6:15pm	Sep 3-Sep 24	Hilltop Park	L. Bindel	\$28	\$36	23706-4
Th	5:15-6:15pm	Oct 1-Oct 22	Hilltop Park	L. Bindel	\$28	\$36	23706-5
Th	5:15-6:15pm	Oct 29-Nov 19	Hilltop Park	L. Bindel	\$28	\$36	23706-6

**For ages 10 and older.**

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	MCR FEE	OCR FEE	ACTIVITY#
Tu	5:15-6:15pm	Jun 2-Jun 23	Hilltop Park	L. Bindel	\$28	\$36	23707-1
Tu	5:15-6:15pm	Jun 30-Jul 21	Hilltop Park	L. Bindel	\$28	\$36	23707-2
Tu	5:15-6:15pm	Aug 4-Aug 25	Hilltop Park	L. Bindel	\$28	\$36	23707-3
Tu	5:15-6:15pm	Sep 1-Sep 22	Hilltop Park	L. Bindel	\$28	\$36	23707-4
Tu	5:15-6:15pm	Sep 29-Oct 20	Hilltop Park	L. Bindel	\$28	\$36	23707-5
Tu	5:15-6:15pm	Oct 27-Nov 17	Hilltop Park	L. Bindel	\$28	\$36	23707-6

## Tots 'N' Tights

This program is designed to develop gross motor skills, movement creativity, body awareness, as well as pre-ballet, tap and gymnastics readiness skills.

**For age 2 years.**

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	MCR FEE	OCR FEE	ACTIVITY#
M	9:30-10:00am	Jun 1-Jun 22	MYC Dance Studio	H. Humphreys	\$24	\$32	23515-1
M	9:30-10:00am	Jun 29-Jul 20	MYC Dance Studio	H. Humphreys	\$24	\$32	23515-2
M	9:30-10:00am	Jul 27-Aug 17 (no class Aug 3)	MYC Dance Studio	H. Humphreys	\$18	\$24	23515-3
M	9:30-10:00am	Aug 24-Sep 28 (no class Aug 31 and Sep 7)	MYC Dance Studio	H. Humphreys	\$24	\$32	23515-4
M	9:30-10:00am	Oct 5-Oct 26	MYC Dance Studio	H. Humphreys	\$24	\$32	23515-5
M	9:30-10:00am	Nov 2-Nov 16	MYC Dance Studio	H. Humphreys	\$18	\$24	23515-6
M	10:15-10:45am	Jun 1-Jun 22	MYC Dance Studio	H. Humphreys	\$24	\$32	23516-1
M	10:15-10:45am	Jun 29-Jul 20	MYC Dance Studio	H. Humphreys	\$24	\$32	23516-2
M	10:15-10:45am	Jul 27-Aug 17 (no class Aug 3)	MYC Dance Studio	H. Humphreys	\$18	\$24	23516-3
M	10:15-10:45am	Aug 24-Sep 28 (no class Aug 31 and Sep 7)	MYC Dance Studio	H. Humphreys	\$24	\$32	23516-4
M	10:15-10:45am	Oct 5-Oct 26	MYC Dance Studio	H. Humphreys	\$24	\$32	23516-5
M	10:15-10:45am	Nov 2-Nov 16	MYC Dance Studio	H. Humphreys	\$18	\$24	23516-6
M	11:00-11:30am	Jun 1-Jun 22	MYC Dance Studio	H. Humphreys	\$24	\$32	23517-1
M	11:00-11:30am	Jun 29-Jul 20	MYC Dance Studio	H. Humphreys	\$24	\$32	23517-2
M	11:00-11:30am	Jul 27-Aug 17 (no class Aug 3)	MYC Dance Studio	H. Humphreys	\$18	\$24	23517-3
M	11:00-11:30am	Aug 24-Sep 28 (no class Aug 31 and Sep 7)	MYC Dance Studio	H. Humphreys	\$24	\$32	23517-4
M	11:00-11:30am	Oct 5-Oct 26	MYC Dance Studio	H. Humphreys	\$24	\$32	23517-5
M	11:00-11:30am	Nov 2-Nov 16	MYC Dance Studio	H. Humphreys	\$18	\$24	23517-6
M	11:45am-12:15pm	Jun 1-Jun 22	MYC Dance Studio	H. Humphreys	\$24	\$32	23518-1
M	11:45am-12:15pm	Jun 29-Jul 20	MYC Dance Studio	H. Humphreys	\$24	\$32	23518-2
M	11:45am-12:15pm	Jul 27-Aug 17 (no class Aug 3)	MYC Dance Studio	H. Humphreys	\$18	\$24	23518-3
M	11:45am-12:15pm	Aug 24-Sep 28 (no class Aug 31 and Sep 7)	MYC Dance Studio	H. Humphreys	\$24	\$32	23518-4
M	11:45am-12:15pm	Oct 5-Oct 26	MYC Dance Studio	H. Humphreys	\$24	\$32	23518-5
M	11:45am-12:15pm	Nov 2-Nov 16	MYC Dance Studio	H. Humphreys	\$18	\$24	23518-6

## Turkish Folk Dance

Turkish Dance incorporates many of the everyday chores in the village daily life, thus the dances present both exercise and culture from the melting pot of Anatolia. Register at each class.

**For ages 18 and older.**

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	FEE
Th	7:00-8:00pm	Continuous (no class Nov 5 and 26)	Senior Center	Y. Atilla	None

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Dance