



Recycling And Waste Reduction Made Easy



monterey city
disposal service

Where do my recyclables go?

The need to reduce the amount of valuable material buried in landfills is driving waste management strategies. Monterey City Disposal Service continues to look for ways to reduce waste before it is generated and to find ways to improve reuse and recycling markets.

In the City of Monterey, households are provided with three carts: a brown one for trash, green for yard waste, and blue for recycling. Businesses and larger apartment complexes sometimes have a large container for trash, one for cardboard only and blue carts for mixed recycling. When you deposit materials into your blue wheeled cart, they are collected by our crews and taken to the local MRF (Materials Recovery Facility) here in Monterey. Yard waste is taken to the Monterey Regional Waste Management District and ground up into mulch for gardens, and/or composted to create soil amendment. The trash is taken directly to the landfill and buried each day.

What is a MRF?

The MRF is made up of a series of conveyor belts and a combination of manual and automatic procedures to separate the materials and remove the contaminants. This machinery is housed in a large shed-type building that allows collection vehicles to enter and empty their loads throughout the day. The various items, such as newspaper, office paper, cardboard, glass, aluminum, plastics, shredded paper, plastic bags and rigid plastics (like toys and buckets) are sorted and then baled by their commodity type. These are then sold to markets that make them into products such as recycled-content paper, construction decking material, glass and aluminum drink containers and more.

What is CRV?

California Redemption Value is the cash amount paid per container for most beverage bottles and cans. Check the label!

Buy-Back Centers

Get paid for recycling!

Del Monte Center, behind Whole Foods Market
Monday through Friday 9:00 a.m. – 4:00 p.m.,
Saturday 9:00 a.m. – 2:00 p.m.

Visit www.MontereyRecycles.org for the most current buy-back center locations and hours.

WHY WASTE?

Many items that are not accepted through your curbside or apartment recycling program can still be reused or recycled. Check the resources in this guide for items and drop-off locations. Unsure about proper disposal? Call MCDS at (831) 372-7977 or visit www.MontereyDisposal.com for additional listings.

table of contents

<i>facility locations</i>	4
<i>recycling at home</i>	7
How Do I Recycle at Home in Monterey?	7
Blue Recycling Cart	9
Green Yard Waste Cart	10
Brown Cart	10
Used Motor Oil and Filters	10
Large Item Pick Up	11
Materials Not Allowed In Any Of Your 3 Curbside Carts:	11
<i>recycling programs</i>	13
Business Recycling	13
School Recycling	13
Bars, Restaurants, and Hotels	13
Apartments and Condominiums	13
Special Events	13
<i>reduce waste</i>	14
Follow the 5 R's	14
Reduce	14
Reuse	15
Repair	16
Rot	18
Recycle	19
<i>waste challenges a to z</i>	21
<i>household hazardous waste</i>	25
Toxics Disposal	25
<i>beyond the curb</i>	29
Alternatives to Toxics in the Home	29
Healthy Gardening	31
Buy Local	34
Organics	34
Green Business	35
Water and Energy Conservation	35

facility locations



Monterey City Disposal Service (MCDS)

www.MontereyDisposal.com

10 Ryan Ranch Road, Monterey

(831) 372-7977

Monday – Friday 8 a.m. to 5 p.m.

FACT

An estimated 80,000,000 Hershey's Kisses are wrapped each day, using enough aluminum foil to cover over 50 acres of space — that's almost 40 football fields. All that foil is recyclable, but not many people realize it.





Monterey Regional Waste Management District (MRWMD)

www.MRWMD.org

Last Chance Mercantile

Unwanted and reusable drop-off and thrift store for clothing, furniture, low-cost compost bins and more

Household Hazardous Waste (HHW) collection facility

Drop-off station for antifreeze, car batteries, used motor oil, latex paint and more

14201 Del Monte Boulevard, Marina

(831) 384-5313

Monday - Friday 6:30 a.m. - 5 p.m.

Saturday 8 a.m. - 4:30 p.m.

Community Drop-off Location for Bulk Recycling

Monterey Fire Station

600 Pacific Street, Monterey

FACT

A typical family consumes 182 gallons of soda, 29 gallons of juice, 104 gallons of milk, and 26 gallons of bottled water a year. That's a lot of containers — make sure they're recycled!



recycling at home

How Do I Recycle at Home in Monterey?

Single-Family Homes

If you have the three carts (Brown = Trash, Blue = Recycling and Green = Yard waste), your service includes Large Item Pick-Up (four times per year) and curbside vehicle oil recycling.

Condominiums and Apartment Buildings

Unlike standard single-family homes, condominiums and apartment complexes are not eligible for curbside vehicle oil recycling or Large Item Pick-up. Yard waste recycling is offered at an additional charge. Recycling is offered when approved by the property owner or manager. If your building does not have recycling service yet, contact your property manager. Meanwhile, take your recyclables to the Fire Station Drop-Off site (*see page 5*) or redeem your California Redemption Value (CRV) for your bottles and cans at a buy-back center (*see page 2*). For more assistance and information, visit www.MontereyRecycles.org/apartments

Collection and Curbside Set-out

Safe, clean and efficient collection depends on your curbside set-out. Your service area utilizes automated collection vehicles in most applications, which lift heavy carts and bins with mechanical arms or lifters. When the trucks are full, the driver takes the trash directly to the landfill and recyclables to the MRF (*page 2*) for sorting. These vehicles have lower emissions, reduce fuel consumption, and also protect workers from injury.



For these automated collection vehicles to operate most efficiently, the carts need to be placed at the curb or street's edge in the proper manner:



Three Cart System

Cart Placement

YES!

- Please place out all carts by 6:00 a.m. on your collection day and allow 18" of space on each side of the cart.
- Please place carts with the lids opening towards the street either on the streets edge, in the gutter, or on the curb edge.
- Be sure all lids are completely closed. Overfilled containers may be subject to additional charges.

NO!

- Do not place under trees or street signs.
- Do not place carts where they are obstructed by vehicles.
- Do not overfill carts. Lids must be closed or your cart may not be collected.
- Do not tie or weight the lids in the closed position.
- Do not place bags/items on top of or next to carts. These will not be collected.

STOP!

Before you throw anything in the garbage (Brown Cart), please consider reuse, repair and recycling options listed in this guide.

Blue Recycling Cart

Please put items into the recycling cart loose (except plastic bags and shredded paper*), not bagged or bundled. Recycled containers must be empty of food and liquid. Rinse out excess product residue.

Items accepted in your blue recycling cart

Metals

- Aluminum foil (clean)
- Aluminum cans
- Steel & "tin" cans
- Small scrap metal items, pots and pans, etc.
- Empty aerosol cans
- Beverage cans
- Pet food cans (clean)

Plastics

**Plastic bags: place clean, empty plastic bags and other filmy bags inside another plastic bag and tie off top. No single bags.*

- Plastics including #1-#7 (excluding #6 and Styrofoam)
- Plastic containers, bottles, tubs, clamshells and other rigid/hard plastics (buckets, toys)

Glass

- Glass bottles
- Jars

Paper

- Brochures, glossy paper
- Mail, junk mail; plastic windows OK
- Office paper, file folders, envelopes, colored paper, etc. (Staples OK)
- Newspapers
- Magazines & Catalogs
- Paper bags
- *Shredded paper enclosed in a sealed paper bag or clear plastic bag*
- Cardboard; flatten and/or cut as needed and place inside recycling cart
- Paperboard boxes, cereal boxes, etc.
- Milk & juice cartons; rinsed
- Phone books



NO:

- Hazardous Waste
(see page 25)
- Styrofoam / polystyrene
- Paper napkins or paper towels
- Tissue paper
- Food-soiled paper & cardboard
- Ceramics or china
- Drinking glasses or broken glass
- Window or mirror glass
- Hangers
- Extension cords
- Garden hoses
- Light bulbs (incandescent and fluorescent – see page 26)
- Aseptic packaging; juice boxes, soy milk containers

Place these items in Brown Cart unless otherwise indicated.



Green Yard Waste Cart

Items accepted in your green yard waste cart:

Grass clippings
 Flowers
 Leaves
 Tree limbs and branches
 (up to 3-inch diameter)
 Weeds
 Plant trimmings
 Christmas trees (No
 flocked trees, tinsel,
 tree decoration, or non-
 wood stands)

NO:	Rocks
Hazardous Waste	Poison oak
(see page 25)	Palm fronds
Dog poop	Cactus
Kitty litter	Ice plant
Food waste	
Plastic bags	<i>Place these items in</i>
Treated wood	<i>Brown Cart unless</i>
Dirt	<i>otherwise indicated.</i>

Brown Cart

For waste to the landfill

Remember that materials must fit inside cart with the lid closed.

Before discarding items, consider reuse or donation options. Please place carts at the curb by 6:00 a.m. on the day of collection.

Pet waste and Styrofoam must be bagged before placing into the cart. Styrofoam packing peanuts can be donated to shipping stores for reuse.

Accepted items are all that cannot be recycled in your blue or green carts. Items not accepted are household hazardous waste and other materials indicated on *page 11*.

Used Motor Oil and Filters

You can recycle your used motor oil and filters through curbside service if you are a single-family home! (Apartments and businesses, please visit www.MontereyRecycles.org for more information.)

Fact

A single quart of motor oil, if disposed of improperly, can contaminate up to 2 million gallons of fresh water.

Please use only the special used motor oil container and filter bag, available free from a participating used motor oil collection center, or from MCDS (if available). Call (831) 372-7977.

Place the full container and filter bag at the curb next to your blue cart by 6:00 a.m. on your regular collection day.

Use a funnel to transfer the oil into the recycling container.

Drain the filter overnight to capture as much oil as possible.
Place the used filter into the bag and seal.

DO NOT mix oil with any other substances (e.g. antifreeze, brake fluid, fuel or water).



Large Item Pick Up

Refrigerators, Large Appliances, Water Heaters, Mattresses & More

Large items such as appliances and furniture can be picked up upon request for single-family homes. Apartments, condominiums or commercial customers contact us for disposal options.

Most items are collected at no additional charge. However, some items (refrigerators, TVs, mattresses, computers, etc.) require special handling at the landfill and are charged special handling rates.

Four appointments are allowed per year. Simply call (831) 372-7977 to schedule an appointment and place the items out on the curb by 6:00 a.m. on the appointment date.

Materials Not Allowed In Any Of Your 3 Curbside Carts:

MATERIAL NOT ALLOWED IN ANY CART	FIND DISPOSAL OPTIONS
BUILDING MATERIALS e.g. bricks, dirt, concrete, carpet, lumber, etc.	see <i>Construction & Demolition Debris</i> on page 22
TIRES	MRWMD (fees apply) see page 5
HOUSEHOLD HAZARDOUS WASTE Batteries; household, automotive, etc. Electronics Fluorescent light bulbs Thermometers, thermostats and other mercury-containing items Asbestos Aerosol cans – not empty Automotive products e.g. used motor oil & filters, auto batteries, antifreeze, etc. Paints, varnishes, solvents Pharmaceuticals Fuels, e.g. lighter fluid, diesel fuel, propane cylinders Household chemicals e.g. cleaners, pool chemicals, pesticides, fertilizers, glues, etc. Sharps, e.g. syringes, needles & razors	MRWMD (see Household Hazardous Waste page 25) Requires special handling Monterey Police Station (see page 23) Ordway Pharmacy or MRWMD



recycling programs

Business Recycling

If you are interested in recycling for your business, please contact MCDS at (831) 372-7977 to set up a free recycling service customized to your needs.

School Recycling

Want a comprehensive recycling program set up at your school? Contact the staff at the City of Monterey (831) 646-5662, or visit www.MontereyRecycles.org. We work closely with schools to identify waste reduction, prevention and recycling ideas spanning from Waste Free programs to classroom recycling.

Bars, Restaurants, and Hotels

Take advantage of free waste audits, service evaluation, staff education and marketing materials to help you make your facility more sustainable while reducing the amount of money spent on your garbage bill. When available, free bins for the inside of facilities are also offered. Please contact us or the staff at the City of Monterey (831) 646-5662, or visit www.MontereyRecycles.org to learn more about the Blue to Blue Recycling Program.

Apartments and Condominiums

Apartment and condominium owners and managers are offered free waste audits and service evaluation as well as tenant education and site signage. Take advantage of this free service while it lasts. When available, interior bins are offered to tenants as well. Please contact us or the staff at the City of Monterey (831) 646-5662, or visit www.MontereyRecycles.org to learn more.

Special Events

If you have a large public event in Monterey, we can help you set up special recycling services. Contact us or the City of Monterey (831) 646-5662.

reduce waste

Follow the 5 R's

Our ultimate goals are to preserve resources, protect the environment, and make the world a cleaner, safer place to live. There are several ways to help reduce your impact on the local environment and we call them the 5 R's: Reduce, Reuse, Repair, Rot and Recycle. When followed in this order of priority, with waste disposal as the last resort, the 5 R's can significantly minimize your environmental footprint.

Reduce

Waste reduction is not just about sorting bottles and cans; it's about using less to do more! You preserve natural resources, landfill space, water and energy from around the world. You also create less pollution and save money.

Prevent waste before it starts (i.e. copy on both sides of your paper, share information electronically, avoid unnecessary printing, etc.)

Eliminate junk mail – visit www.stopjunkmail.org to download your free junk mail reduction kit.



Choose products that can be reused rather than made for single use.

Bring your own bag when you go shopping.

Bring your own reusable cup or mug to the coffee shop or cafeteria.

Purchase items in refillable containers and in bulk whenever possible.

Avoid over-packaged, cheaply made and single-use disposable products. Before you buy, ask yourself: "How long will this product last? Can it be reused or repaired?" Choose creative gifts of service and activity rather than things.

Make your next picnic, party or BBQ low waste. Invest in a set of light-weight but reusable table ware, buy drinks and food in family-sized portions instead of individual packages, and bring reusable containers for leftovers. Place clearly marked containers for recycling next to trash containers.

For tips on reducing waste year round, visit www.MontereyRecycles.org

Reuse

Shop at and donate items to thrift stores, like the Last Chance Mercantile at MRWMD.

Give away free items on websites such as www.freecycle.org

Sell items at garage sales, flea markets, consignment and antique shops, or www.eBay.com or www.Craigslist.org

Reupholster, repair, refinish, repurpose or donate furniture.

Take packaging peanuts and bubble wrap to a shipping store.



Local Reuse Businesses

CLOTHES, FURNITURE, AND WORKING ELECTRONICS

Goodwill (other drop-off locations available)
571 Lighthouse Ave, Monterey (831) 649-6056
729 Broadway Ave, Seaside (831) 394-1212

The Salvation Army
1850 Fremont Blvd, Seaside (831) 394-6507

Last Chance Mercantile
Monterey Regional Waste Management District
14201 Del Monte Boulevard, Marina
(831) 384-5313

FACT

Recycling one aluminum can saves enough energy to run a TV for three hours. Americans throw away enough aluminum to rebuild our entire fleet of commercial airplanes every three months.

Repair

Sharpen those knives and scissors instead of buying new.
Buy products that last and can be repaired.

Repair Shops



Where To Get Things Fixed Locally

APPLIANCES

Browns Appliance Service

291 Watson Street, Monterey (831) 647-9870

Professional Appliance Service

400 Foam Street, Monterey (831) 443-2101

CAMERAS

Myrick Photograph

598 Fremont Street, Monterey (831) 649-1900

SEWING MACHINES

Machado's Sewing Machine Shop

140 W Blanco Road, Salinas (831) 753-9244

FACT

The 17 trees saved by recycling one ton of paper can absorb 250 pounds of carbon dioxide from the air each year.

COMPUTERS & ELECTRONICS

PC People

534 Abrego Street, Monterey (831) 649-5900

That Computer Place

1105 Del Monte Avenue, Monterey (831) 649-4100

Monterey Bay Computer

462 Webster Street, Monterey (831) 238-5074



FURNITURE

Monterey Furniture & Restoration

210 Ramona Ave, Monterey (831) 373-3030

Retrospect

222 Ramona Ave, Monterey (831) 644-9624

Pacific Furniture Restoration

471 Wave Street, Monterey (831) 375-5928

MUSICAL INSTRUMENTS

Music Unlimited

425 Alvarado Street, Monterey (831) 372-5893

Strings Guitar Shop

380 Foam Street, Suite A, Monterey (831) 655-5678

TOOLS

Peninsula Power Tool & Supply

828 Lighthouse Avenue, Monterey
(831) 375-4244

BICYCLES

Joselyn's Bicycles

398 East Franklin Street, Monterey
(831) 649-8520

Aquarian Bicycles

486 Washington Street, Monterey (831) 920-4221

FACT

Plastic bags and other plastic garbage littered or blown into local waterways pollute the ocean and kill as many as 1 million sea creatures each year.



FACT

Over 1 million plastic bags are given out every minute and only 21% are recycled. To reduce waste, take reusable bags with you and use them every time and every place you shop!



Rot

10 good reasons why you should compost:

1. Yard and food waste make up 30% of the waste stream. Composting your kitchen and yard trimmings helps divert that waste from the landfill, waterways and water treatment facilities, and creates a nutrient-rich soil amendment for your plants and garden.
2. You will significantly reduce pest problems—and your use of pesticides.
3. Healthy plants from healthy soil look better, produce better and have a much greater ability to fight off pests and diseases.
4. Adding organic materials to the soil improves moisture retention.
5. Adding decomposed organic material to the soil feeds beneficial organisms and returns nutrients to the soil.
6. Compost amends both sandy and clay soils.
7. Compost provides a balanced, slow-release source of nutrients that helps the soil hold nutrients long enough for plants to use them.

8. Composting saves money—you avoid the cost of buying soil conditioners, bagged manure, etc.
9. Feeding your plants well will improve your own diet. Plants grown in depleted soils have a reduced nutrient content.
10. Home composting is a valuable tool in educating children about nature and the cycle of life.

See *Healthy Gardening* in ***beyond the curb*** (page 31) for more composting information.

Recycle

This is the last thing to do for waste reduction after all other options have been exhausted:

Place bottles, cans, paper, metal, yardwaste and more in the proper bin. See ***recycling at home*** (pages 7-11) for more details.

Buy recycled

When you buy products made from recycled materials, you “close the loop” and that’s what makes recycling work. Recycled-content products are comparable (and in some cases, superior) in quality, prices and durability to virgin-material products. If your favorite store doesn’t have recycled-content products, ask the manager to carry them. You vote with every purchase you make.

For more information visit our websites www.MontereyDisposal.com or www.MontereyRecycles.org

FACT

Americans use 2.5 million plastic bottles every hour. Only 25% are recycled. At least 1,875,000 are landfilled or polluting our waterways.



waste challenges a to z

APPLIANCES

Hot water heaters, stoves, refrigerators and freezers may be taken to MRWMD www.mrwmd.org or call (831) 384-5313 (fees may apply).

PG&E customers can schedule a free pick-up for refrigerators and receive a \$35 rebate per appliance. Call (800) 299-7573 or visit www.PGE.com



BUBBLE WRAP & STYROFOAM PEANUTS

Take to any shipping store (call ahead).

CDs, VIDEO AND CASSETTE TAPES, DISKS, DVDs

Green Disk Inc

Call (800) 305-DISK or visit www.greendisk.com for instructions and mailing address.

Ecodisk Media Recycling Center

Fees apply. Call (800) 959-5166 ext. 6882.

CHRISTMAS TREES

Single-Family Homes

Free curbside collection for single family homes, usually up to two weeks after Christmas. After these two weeks, cut trees and place in your Green Yard Waste cart, or take to MRWMD (free through January), see page 5.



Businesses, Condominiums, Apartments

Take your trees to MRWMD through January 31. No fee during Christmas tree collection weeks. Contact MRWMD (see page 5) for details.

CONSTRUCTION & DEMOLITION DEBRIS**Lumber, brick, concrete, dirt, etc.**

Call us at (831) 372-7977 to rent our 20 or 30 cubic yard container.

COOKING OIL**Restaurant Facilities**

Check with your local tallow company.

Residents

Place in a sealed container in trash bin. Small amounts only.

**MATTRESSES**Single-family homes, see Large Item Pick Up in [recycling at home](#) section. Other customers, take your mattresses to:

Monterey Regional Waste Management District
 14201 Del Monte Blvd, Marina (831) 384-5313
www.mrwmd.org (fees apply).

Hope Services

1580 Del Monte Blvd, Seaside (831) 393-1575
www.hopeservices.org (fees may apply)

PACKAGING MATERIALS & MOVING BOXESRecycle curbside or place flattened boxes in Community Drop Off Box ([see facility locations](#) section). Post online for donation, e.g.www.freecycle.org, www.montereycountyweekly.com**TIRES & PAINTS**

Monterey Regional Waste Management District
 14201 Del Monte Blvd, Marina (831) 384-5313
www.mrwmd.org (fees may apply for tires).

TONER & PRINTER CARTRIDGES

Check with your cartridge manufacturer. Address labels and free shipping are often provided for mail-in return of spent cartridges. Otherwise, drop off for recycling at:

Staples

1550 Canyon Del Rey Blvd, Seaside (831) 393-2102

Office Depot

850 Playa Avenue, Sand City (831) 394-2582
1516 N. Main Street, Salinas (831) 443-3686

Office Max

1241 N. Davis Road, Salinas (831) 755-0990

PHARMACEUTICALS

Recent reports of pharmaceutical compounds in drinking water supplies have raised awareness for the need to properly dispose of expired and unused pharmaceutical medications. Medications should never be flushed down the drain.

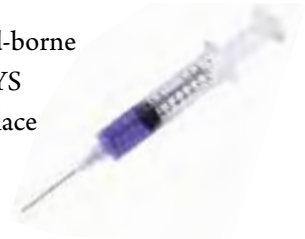


The best solution is to return them to a pharmacy with a take-back program. Please check with your local pharmacy to see if they offer a take-back program. The Monterey Police Department, located on Madison Street, accepts all pharmaceuticals. Visit www.MontereyRecycles.org for more information.

SHARPS

Do you use lancets or syringes with needles?

Prevent accidental needle sticks and exposure to blood-borne pathogens in your home and your community. **ALWAYS** use a sharps container for collecting sharps. **NEVER** place exposed or used sharps in the trash can or recycle bin.



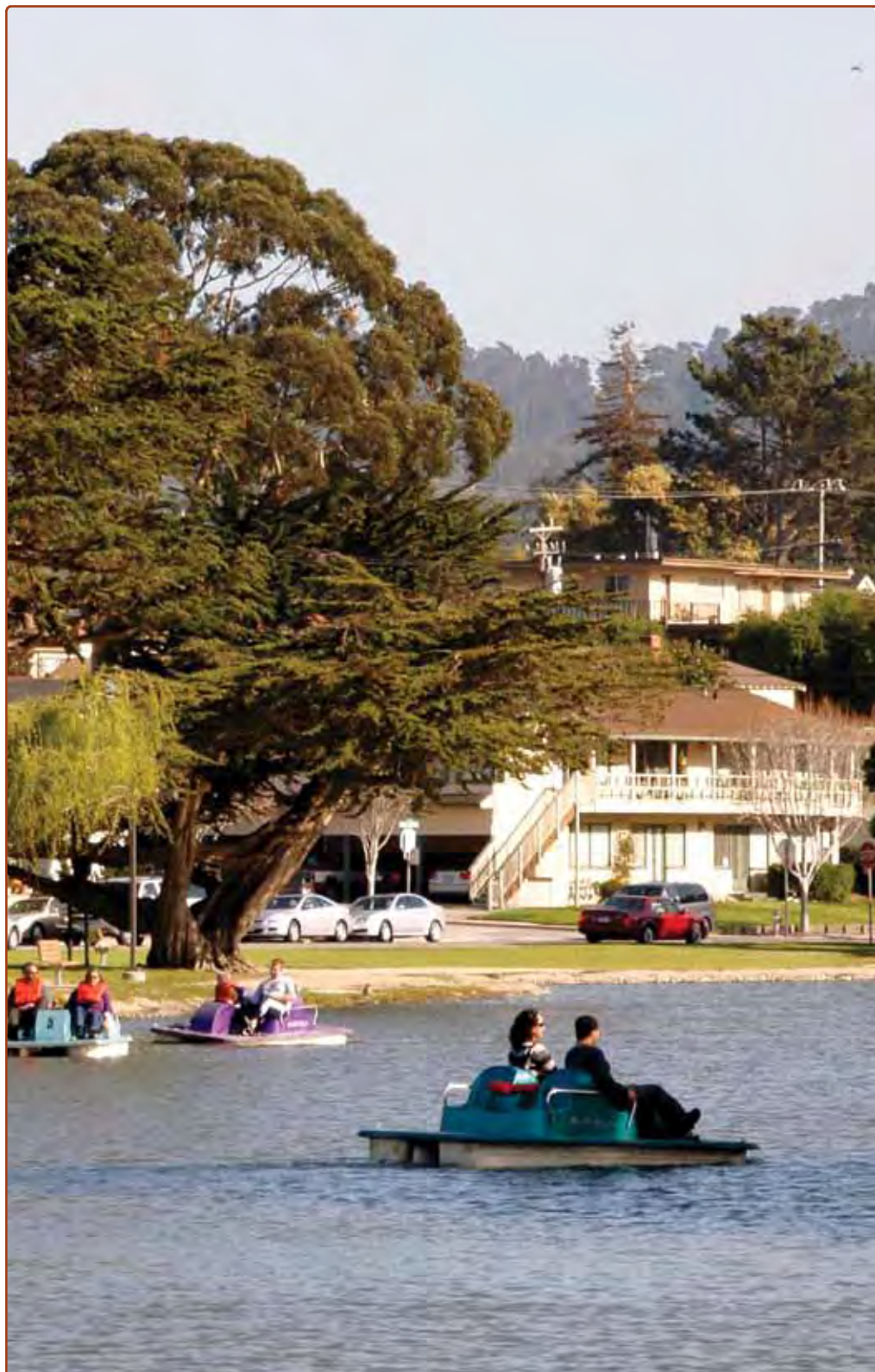
APPROVED DROP-OFF LOCATIONS (fees may apply):

Ordway Drugstore (sharps and pharmaceuticals)
499 Alvarado Street, Monterey (831) 372-8085

Central Avenue Pharmacy
133 15th Street, Pacific Grove (831) 373-1225

Monterey Regional Waste Management District
14201 Del Monte Blvd, Marina (831) 384-5313

Contact the Monterey County Health Department for additional disposal options at (831) 755-4579.



household hazardous waste

Toxics Disposal

HOUSEHOLD HAZARDOUS WASTE

Many common products that we use in our homes and daily lives may contain hazardous materials and require special care when disposed. These items become potentially harmful waste, also known as Household Hazardous Waste (HHW).

Never dispose of HHW items in the trash, sink, toilet or in a storm drain. Doing so can pollute our soil, groundwater, rivers and bay. Toxins released into the environment can harm wildlife and contaminate our air, water, and possibly the food we eat. Special regulations have been placed upon the disposal techniques of HHW.

Materials accepted at the HHW collection facility:

- Latex and other paints
- Paint thinners
- Solvents
- Cleaners – bleach, drain openers, toilet cleaners, etc.
- Pesticides
- Fertilizer and other garden chemicals
- Motor oil & filters
- Antifreeze and other auto products
- Household batteries
- Auto batteries
- Aerosol (spray) cans – not empty
- Sharps – needles, razors and syringes (in a proper container)
- Fluorescent light bulbs and CFLs
- Electronic waste – TVs, computers, cell phones, etc. (see page 27)
- Thermometers, thermostats and other mercury-containing items



Residents and Businesses can take these materials to MRWMD HHW Drop-Off Center for safe disposal or recycling. Free for residents. Charges apply for businesses.

MRWMD HHW Drop-Off

14201 Del Monte Blvd, Marina (831) 384-5313

www.mrwmd.org



COMPACT FLUORESCENT LIGHT BULBS (CFLS)

CFLs are banned from landfills and should not be thrown in the trash because of their mercury content. Various businesses and organizations throughout the County of Monterey will accept these used items

IMPORTANT

Use care when transporting CFLs and other fluorescent light bulbs to prevent breakage. If a fluorescent light bulb breaks, it releases mercury vapor into the air and special care must be used to clean it up.

and dispose of them in an environmentally-friendly manner. Accepting unbroken CFL lights free of charge:

MRWMD HHW Drop-Off

HOME DEPOT

ORCHARD SUPPLY HARDWARE

BATTERIES

Batteries are banned from landfills and are considered hazardous because of the toxic metals and other corrosive materials contained within. Batteries are also a valuable source of recyclable metal.

Switch to rechargeable batteries to reduce waste. Millions of batteries are sold in California each year. According to survey results, less than 1% of these batteries are recycled.

Free local drop-off locations for residents:

MRWMD HHW Drop-Off

MONTEREY

City Hall

Pacific and Madison Streets

Monterey Public Library

625 Pacific Street

Whole Foods Market

800 Del Monte Center

Casanova Oak-Knoll Park Center

Ramona and Euclid Avenues

Hilltop Park Center

Jessie and David Avenues



Monterey Senior Center
280 Dickman Avenue

Youth Center
777 Pearl Street

Electronic Waste (e-Waste)

e-Waste is a hazardous material and it is banned from landfills. Many of these products can be reused, refurbished, or recycled. Unfortunately, electronic discards is one of the fastest growing segments of our nation's waste stream.



e-Waste consists of electronic items such as computers, monitors, copiers, fax machines, stereos, cell phones, mp3 players, printers and televisions.

Check our website occasionally for e-Waste collection events at www.MontereyDisposal.com or www.MontereyRecycles.org

Single-family homes may call for special Large Item Pick-Up of these items (fees may apply).

Visit these locations for proper recycling of e-Waste:

Monterey Regional Waste Management District
14201 Del Monte Blvd, Marina (831) 384-5313
www.mrwmd.org

Hope Services
1580 Del Monte Blvd, Seaside (831) 393-1575
www.hopeservices.org

Also accepts donations of reusable goods, including electronics in good working order, household goods and clothing.

Best Buy
101 General Stillwell Dr, Marina (831) 884-2556



beyond the curb

Alternatives to Toxics in the Home

Try these non-toxic or less-toxic products as alternatives to hazardous household chemicals. While a little more “elbow grease” may be necessary with some of these products, the benefits in terms of improved indoor air quality, decreased exposure to chemicals, fewer waste disposal concerns, convenience, child safety, and lower costs should make the switch an easy one.

Air freshener	Simmer cinnamon and cloves
Ants	Red chili powder at point of entry
Bleach	Borax
Brass polish	Worcestershire sauce
Car battery corrosion	Baking soda + water
Chrome polish	Apple cider vinegar, Baby oil to polish
Cleaners (general household)	Baking soda
Coffee cup stain remover	Moist salt
Coffee pot stain	Vinegar
Copper cleaner	Lemon juice + salt
Drain cleaner	Plunger followed by 1/2 cup baking soda + 1/2 cup of vinegar + 2 quarts boiling water
Fertilizer	Compost and vermicompost
Fleas on pets	Gradually add brewers yeast to pet's diet
Flies	Well watered pot of basil
Floor cleaner	1 cup vinegar + 2 gallons water
Furniture polish	1 tablespoon lemon oil in 1 pint of mineral oil
Garbage disposal deodorizers	Lemons
Grease removal	Borax on damp cloth
Hand cleaner: paint/grease	Baby oil
Ink spot remover	Cold water + 1 tablespoon cream of tartar + 1 tablespoon lemon juice

Insects on plants	Soapy water on leaves, then rinse
Mildew remover	Equal parts of vinegar and salt
Oil stain remover	White chalk rubbed into stain before laundering
Oven cleaner	2 tablespoons liquid soap + 2 teaspoons borax + warm water
Paint brush softener	Hot vinegar
Perspiration spot remover	Baking soda
Pet odor remover	Cider vinegar
Porcelain stain removal	Baking soda
Refrigerator deodorizer	Open box baking soda
Roach repellent	Chopped bay leaves and cucumber skins
Rust removal (clothing)	Lemon juice + salt + sunlight
Rusty bolt/nut removal	Carbonated beverage
Scorch mark removal	Grated onion
Shoe polish	Banana peel
Silver polish	1 quart warm water + 1 tablespoon baking soda + piece of aluminum foil + 1 tablespoon salt
Slug and snail repellent	Onion and marigold plants
Spot remover	Club soda, lemon juice, or salt
Stainless steel polish	Mineral oil
Toilet bowl cleaner	Paste of borax + lemon juice
Tub and tile cleaner	1/4 cup baking soda + 1/2 cup white vinegar + warm water
Water mark removal	Toothpaste
Water softener	1/4 cup vinegar
Wine stain removal	Salt
Window cleaner	2 tablespoons vinegar in 1 quart warm water
Wood polish	3 parts olive oil + 1 part white vinegar; almond or olive oil (interior unvarnished wood only)

Healthy Gardening

Earth-Friendly Gardening:

GOOD FOR YOU AND MOTHER NATURE

A garden or yard is a wonderful space to grow your own food and flowers, play, relax and enjoy nature. Some simple practices can help make your garden not only healthier for your family and the environment, but also reduce waste, save time and money!

COMPOSTING

Composting lets you turn yard waste and kitchen scraps into rich, organic fertilizer for your garden. Use finished compost instead of synthetic fertilizers to nourish your plants, keep the soil loose and help it retain water.



LEARN TO COMPOST

For details on starting and maintaining an at-home compost pile or bin, visit www.MontereyRecycles.org.

You can also get live advice over the phone from the Monterey Bay Master Gardeners: Mondays, Wednesdays and Fridays 9 a.m.-noon (831) 763-8007.

COMPOST BINS

Special composting containers help control odor, keep animals out and are visually more attractive. You can purchase a residential compost bin at MRWMD's Last Chance Mercantile, Orchard Supply Hardware, Ace Hardware, Costco, or online from various sources. You can also build your own bin. To learn more visit www.MontereyRecycles.org

What can be composted?

Leaves
 Chopped, woody prunings
 Pine needles
 Grass clippings
 Plant trimmings
 Weeds without seed heads
 Fruit and vegetable trimmings
 Coffee grounds and filters
 Tea bags
 Herbivore manure
 Dryer lint
 Grains, beans and bread
 Paper plates
 Shredded newspaper

What can't be composted?

Sawdust from plywood/treated wood
 Meat, bones, fish
 Dog, cat or bird feces
 Diseased plants
 Dairy products
 Grease

GRASS-CYCLING

Recycling your grass clippings—or “grass-cycling”—means that you leave your grass clippings on top of your lawn after you mow. The clippings will rapidly decompose and naturally fertilize your lawn. No more collecting grass clippings and no need for additional fertilizer!

HOW TO GRASS-CYCLE

You can grasscycle with any mower. Push-mowers and electric mowers are better for the environment.

Take the bag off of your mower. Make sure that your mower has a safety flap to cover the chute. If you are unsure, check your owner's manual.

Mow your lawn when the grass is dry to prevent grass clippings from clumping.

Mow frequently to keep grass clippings short so they decompose more quickly. If grass is long, mow in a circle so clippings get chopped up several times.

LESS-TOXIC GARDENING

A healthy, thriving garden can be yours without the excessive use of chemicals such as synthetic fertilizers, pesticides, and weed killers. Reducing the use of these products will keep your garden safer for your family and pets, and prevent harm to beneficial insects, birds and other wildlife.

Integrated Pest Management (IPM) is a common-sense approach to fighting pest insects, minimizes the use of pesticides, or avoids them completely. By following IPM practices, you can:



Identify a pest insect correctly and get to know its life-cycle so that you can choose the most effective treatment and best timing.

Adjust conditions such as soil pH, watering practices and plant selection to encourage beneficial insects and/or inhibit pests.

Use pest-specific, biological pesticides that have very little or no effect on beneficial insects, and are safe for people, pets and the environment.

IPM fact sheets on specific pest insects and garden problems are available from Our Water Our World, a program promoting less-toxic gardening, at www.ourwaterourworld.org

NEVER dispose of leftover or unwanted pesticides or fertilizers in the sink, storm drain, or in the trash. Please take them to the MRWMD's HHW Drop-Off Facility in Marina. For addresses, phone and hours, see [facilities](#) on page 5.

Buy Local

People throughout the country are rediscovering the benefits of buying local. Every dollar spent in your local community helps sustain its economic vitality. Buying local supports:

Local businesses

Your friends and neighbors who are employed by these businesses

Many local programs and services enjoyed by residents in your community including library, recreation and protective services.

Shopping locally is good for our environment. Less time spent in cars helps reduce our carbon footprint and means more time enjoying our beautiful city. Buying local can also eliminate high transportation fees and shipping on the products you buy.

For more information about the benefits of buying local, visit www.monterey.org/buylocal/

Organics

Buying organic food promotes a less-toxic environment for all living things.

Organic products meet stringent standards. Organic certification is the public's assurance that products have been grown and handled according to strict procedures without persistent toxic chemical inputs. Organic food handlers, processors and retailers adhere to standards that maintain the integrity of organic agricultural products. The primary goal of organic agriculture is to optimize the health and productivity of interdependent communities of soil life, plants, animals and people.



Supporting organic agriculture doesn't just benefit your family, it supports less-toxic food systems and environments.

Green Business

The Monterey Bay Area Green Business program is a certification for businesses that have chosen to conduct their business operations in a more environmentally friendly manner. Participants are helped through checklists that meet program standards for conserving resources, preventing pollution and minimizing waste.



By shopping at local, green businesses you are not only helping the environment, but you are also helping out your local economy. To find out more about the program, how to become certified or to find a listing of certified businesses in the Monterey Bay area visit www.MontereyBayGreenBusiness.org. Please support local green businesses. Shop Green, Shop Local. To become certified, contact the City of Monterey (831) 646-5662.

Water and Energy Conservation

All households rely on utilities such as electric, natural gas, and water service to meet basic, everyday needs. Each day, you use these utilities to perform many daily tasks. As the price of energy and water continues to rise, so does the cost for these necessities. Conserving these resources is an easy way to reduce your monthly bills. By practicing energy and water conservation, you can develop habits to reduce your usage and save money on your utility bills. Whether you own your home or rent, there are a number of things you can do to save on the energy you use every day, throughout your day. For more information on water and energy conservation, including daily tips to help you conserve visit www.MontereyRecycles.org.

Monterey City Disposal Service (MCDS)

www.MontereyDisposal.com

10 Ryan Ranch Road, Monterey

(831) 372-7977

Monday – Friday 8 a.m. to 5 p.m.