Gymnastics

Gymnastics for Children: Classes are offered for walking toddlers through school-aged children at all levels of skill. Instruction is offered on the vault, bars, balance beam, mini-trampoline and tumbling. In addition to teaching gymnastics skills and techniques, this program provides a holistic and experiential approach to learning with the focus on fitness, social skills and building friendships versus competition. Our vision is to create an environment devoted to self-exploration through movement. Children are nurtured to foster their self-esteem and realize a sense of pride and trust in their ability to move through their lives in a physical and adventurous way. All classes are structured to ensure a fun, creative and playful experience.

APPROPRIATE ATTIRE: Students may wear any of the following clothing: leotard, footless tights, shorts, sweats, leggings, t-shirts (tucked in), bare feet. Please tie up long hair and pull back hair that falls in the face. Avoid plastic hair bands and clips.

Please do NOT wear jewelry, jeans, dresses, baggy t-shirts, zippers, belts, buttons, etc.



All gymnastic classes are now available for online registration. Intermediate Gymnastics for Kids requires instructor permission.

Gymnastics for Toddlers-Parent Participation

Songs, movement games and beginning gymnastics skills are offered. The building blocks of coordination, balance and kinesthetic awareness are explored as the parent engages with their child in this class. The younger class offers free exploration with suggestions and guidance. The older class begins with circle time and then parent and child move through a structured obstacle course together. Classes are one parent per one child ratio.

For ages	Walking through 30	months.					
DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	FEE	MTY RES FEE	ACTIVITY#
F	9:00-9:45am	Jan 11-Feb 8	Youth Center	Staff	\$52	\$40	16034-1
F	9:00-9:45am	Feb 15-Mar 15	Youth Center	Staff	\$52	\$40	16034-2
F	9:00-9:45am	Apr 5-Apr 26	Youth Center	Staff	\$42	\$32	16034-3
F	9:00-9:45am	May 10-May 31	Youth Center	Staff	\$42	\$32	16034-4

F	9:00-9:45am	May 10-May 31	Youth Center	Staff	\$42	\$32	16034-4
For ages	30 months-3years.						
DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	FEE	MTY RES FEE	ACTIVITY#
Tu	10:00-10:45am	Jan 8-Feb 5	Youth Center	Staff	\$52	\$40	16036-1
Tu	10:00-10:45am	Feb 12-Mar 12	Youth Center	Staff	\$52	\$40	16036-2
Tu	10:00-10:45am	Apr 2-Apr 23	Youth Center	Staff	\$42	\$32	16036-3
Tu	10:00-10:45am	May 7-May 28	Youth Center	Staff	\$42	\$32	16036-4
F	9:45-10:30am	Jan 11-Feb 8	Youth Center	Staff	\$52	\$40	16037-1
F	9:45-10:30am	Feb 15-Mar 15	Youth Center	Staff	\$52	\$40	16037-2
F	9:45-10:30am	Apr 5-Apr 26	Youth Center	Staff	\$42	\$32	16037-3
F	9:45-10:30am	May 10-May 31	Youth Center	Staff	\$42	\$32	16037-4

Beginning Gymnastics for Tots

Beginning level skills are taught, focusing on motor coordination and confidence. Gymnasts are encouraged to learn at their own pace.

For ages 3	3-4½ years.						
DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	FEE	MTY RES FEE	ACTIVITY#
Tu	9:15-10:00am	Jan 8-Feb 5	Youth Center	Staff	\$52	\$40	16000-1
Tu	9:15-10:00am	Feb 12-Mar 12	Youth Center	Staff	\$52	\$40	16000-2
Tu	9:15-10:00am	Apr 2-Apr 23	Youth Center	Staff	\$42	\$32	16000-3
Tu	9:15-10:00am	May 7-May 28	Youth Center	Staff	\$42	\$32	16000-4
F	10:30-11:15am	Jan 11-Feb 8	Youth Center	Staff	\$52	\$40	16001-1
F	10:30-11:15am	Feb 15-Mar 15	Youth Center	Staff	\$52	\$40	16001-2
F	10:30-11:15am	Apr 5-Apr 26	Youth Center	Staff	\$42	\$32	16001-3
F	10:30-11:15am	May 10-May 31	Youth Center	Staff	\$42	\$32	16001-4
W	2:30-3:15pm	Jan 9-Feb 6	Youth Center	Staff	\$52	\$40	16009-1
W	2:30-3:15pm	Feb 13-Mar 13	Youth Center	Staff	\$52	\$40	16009-2
W	2:30-3:15pm	Apr 3-Apr 24	Youth Center	Staff	\$42	\$32	16009-3
W	2:30-3:15pm	May 8-May 29	Youth Center	Staff	\$42	\$32	16009-4

For ages	For ages 3½-5 years (Preschool).									
DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	FEE	MTY RES FEE	ACTIVITY#			
Tu,Th	1:00-1:45pm	Jan 8-Feb 7	Youth Center	Staff	\$104	\$80	16020-1			
Tu,Th	1:00-1:45pm	Feb 12-Mar 14	Youth Center	Staff	\$104	\$80	16020-2			
Tu,Th	1:00-1:45pm	Apr 2-Apr 25	Youth Center	Staff	\$84	\$64	16020-3			
Tu,Th	1:00-1:45pm	May 7-May 30	Youth Center	Staff	\$84	\$64	16020-4			
Th	5:15-6:00pm	Jan 10-Feb 7	Youth Center	Staff	\$52	\$40	16022-1			
Th	5:15-6:00pm	Feb 14-Mar 14	Youth Center	Staff	\$52	\$40	16022-2			
Th	5:15-6:00pm	Apr 4-Apr 25	Youth Center	Staff	\$42	\$32	16022-3			
Th	5:15-6:00pm	May 9-May 30	Youth Center	Staff	\$42	\$32	16022-4			
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For ages	4-5 years.						
DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	FEE	MTY RES FEE	ACTIVITY#
Tu,Th	2:00-2:45pm	Jan 8-Feb 7 (Recital Session)	Youth Center	Staff	\$104	\$80	16007-1
Tu,Th	2:00-2:45pm	Feb 12-Mar 14	Youth Center	Staff	\$104	\$80	16007-2
Tu,Th	2:00-2:45pm	Apr 2-Apr 25	Youth Center	Staff	\$84	\$64	16007-3
Tu,Th	2:00-2:45 pm	May 7-May 30	Youth Center	Staff	\$84	\$64	16007-4
F	2:30-3:15pm	Jan 11-Feb 8	Youth Center	Staff	\$52	\$40	16002-1
F	2:30-3:15pm	Feb 15-Mar 15	Youth Center	Staff	\$52	\$40	16002-2
F	2:30-3:15pm	Apr 5-Apr 26	Youth Center	Staff	\$42	\$32	16002-3
F	2:30-3:15pm	May 10-May 31	Youth Center	Staff	\$42	\$32	16002-4

18 play! MONTEREY Winter 2012/Spring 2013

For ages	s 4½-6 years (Prescho	ool & Kindergarten).					
DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	FEE	MTY RES FEE	ACTIVITY#
Tu	5:15-6:00pm	Jan 8-Feb 5	Youth Center	Staff	\$52	\$40	16008-1
Tu	5:15-6:00pm	Feb 12-Mar 12	Youth Center	Staff	\$52	\$40	16008-2
Tu	5:15-6:00pm	Apr 2-Apr 23	Youth Center	Staff	\$42	\$32	16008-3
Tu	5:15-6:00pm	May 7-May 28	Youth Center	Staff	\$42	\$32	16008-4

Beginning Gymnastics for Kids

Beginning and intermediate level skills are taught, focusing on technique, form, and developing a sense of personal achievement.

Tor uge.	s 5-8 years (Kinderga	nen una omer).					
DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	FEE	MTY RES FEE	ACTIVITY#
W,F	3:15-4:00pm	Jan 9-Feb 8 (Recital Session)	Youth Center	Staff	\$104	\$80	16004-1
W,F	3:15-4:00pm	Feb 13-Mar 15	Youth Center	Staff	\$104	\$80	16004-2
W,F	3:15-4:00pm	Apr 3-Apr 26	Youth Center	Staff	\$84	\$64	16004-3
W,F	3:15-4:00pm	May 8-May 31	Youth Center	Staff	\$84	\$64	16004-4

For ages	6-10 years (1st grad	le and older).					
DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	FEE	MTY RES FEE	ACTIVITY#
W	5:00-6:00pm	Jan 9-Feb 6	Youth Center	Staff	\$52	\$40	16026-1
	•	(Recital Session)					
W	5:00-6:00pm	Feb 13-Mar 13	Youth Center	Staff	\$52	\$40	16026-2
W	5:00-6:00pm	Apr 3-Apr 24	Youth Center	Staff	\$42	\$32	16026-3
W	5:00-6:00pm	May 8-May 29	Youth Center	Staff	\$42	\$32	16026-4
Tu,Th	3:00-4:00pm	Jan 8-Feb 7	Youth Center	Staff	\$104	\$80	16003-1
	·	(Recital Session)					
Tu,Th	3:00-4:00pm	Feb 12-Mar 14	Youth Center	Staff	\$104	\$80	16003-2
Tu,Th	3:00-4:00pm	Apr 2-Apr 25	Youth Center	Staff	\$84	\$64	16003-3
Tu,Th	3:00-4:00pm	May 7-May 30	Youth Center	Staff	\$84	\$64	16003-4
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For age.	For ages 7-11 years.									
DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	FEE	MTY RES FEE	ACTIVITY#			
W,F	4:05-5:00pm	Jan 9-Feb 8 (Recital Session)	Youth Center	Staff	\$104	\$80	16027-1			
W,F	4:05-5:00pm	Feb 13-Mar 15	Youth Center	Staff	\$104	\$80	16027-2			
W,F	4:05-5:00pm	Apr 3-Apr 26	Youth Center	Staff	\$84	\$64	16027-3			
W,F	4:05-5:00pm	May 8-May 31	Youth Center	Staff	\$84	\$64	16027-4			

Intermediate Gymnastics for Kids Intermediate and advanced skills are taught, focusing on technique, form, and developing a sense of personal achievement. There is a greater focus on strength, flexibility, and self-motivation in the intermediate level.

For ages 7-12 years (Instructor permission required).

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DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	FEE	MTY RES FEE	ACTIVITY#
Tu,Th	4:05-5:15pm	Jan 8-Feb 7	Youth Center	Staff	\$104	\$80	16006-1
	•	(Recital Session)					
Tu,Th	4:05-5:15pm	Feb 12-Mar 14	Youth Center	Staff	\$104	\$80	16006-2
Tu,Th	4:05-5:15pm	Apr 2-Apr 25	Youth Center	Staff	\$84	\$64	16006-3
Tu,Th	4:05-5:15pm	May 7-May 30	Youth Center	Staff	\$84	\$64	16006-4
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Gymnastics Mini Camp

Gymnasts will practice their skill building through obstacle courses, dive into gymnastics inspired arts & crafts, and have fun engaging in movement based games. Please send a water bottle and a snack each day.

For ages 6-10 years.

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DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	FEE	MTY RES FEE	ACTIVITY#
M-F	12:30-4:30pm	Mar 18-Mar 22	Youth Center	Staff	\$182	\$140	16032-1





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