MSC Physical Therapy

Aquatic Therapy

Individual evaluation and instruction on flexibility, strength, conditioning, stabilization, postural training and neutral spine awareness in our 92-degree therapeutic pool. Contact Gail Devine at 646-5627.

For all ages.

DAY/TIME/SESSIONS	LOCATION	INSTRUCTOR	FEE
Appointment only	Sports Center	Physical Therapist	*per medical code

Educational Visit

Want to know how to get the most out of your exercise program? Have a nagging injury, an old injury, or want to prevent an injury? Have a Physical Therapist help with your program. Contact Gail Devine at 646-5627.

For all ages.

DAY/TIME/SESSIONS	LOCATION	INSTRUCTOR	FEE
Appointment only	Sports Center	Physical Therapist	*per medical code

Independent Program Setup

Whether you want advice on a home exercise program or need assistance in setting up your gym program, MSC professional physical therapy staff can assist you. Contact Gail Devine at 646-5627.

For all ages.

DAY/TIME/SESSIONS	LOCATION	INSTRUCTOR	FEE
Appointment only	Sports Center	Physical Therapist	*per medical code

Physical Therapy Evaluation

Comprehensive musculoskeletal evaluation by a licensed Physical Therapist. Learn about your body and what you can do to strengthen and improve your health and fitness. Contact Gail Devine at 646-5627.

For all ages.

DAY/TIME/SESSIONS	LOCATION	INSTRUCTOR	FEE
Appointment only	Sports Center	Physical Therapist	*per medical code

Postural/Ergonomic Training

Professional Physical Therapy Staff can assist you with postural training and ergonomic instruction for the workplace. Reduce back and neck strain and prevent repetitive injuries like carpal tunnel syndrome. Contact Gail Devine at 646-5627.

For all ages.

DAY/TIME/SESSIONS	LOCATION	INSTRUCTOR	FEE
Appointment only	Sports Center	Physical Therapist	*per medical code

Therapeutic Exercise

Physical Therapist supervised exercise. Licensed staff provides instruction on flexibility, conditioning, strength, stabilization, postural education and neutral spine awareness. Contact Gail Devine at 646-5627.

For all ages.

DAY/TIME/SESSIONS	LOCATION	INSTRUCTOR	FEE
Appointment only	Sports Center	Physical Therapist	*per medical code

Therapeutic Pilates

Physical Therapist supervised instruction in Pilates. Perfect for individuals just beginning to learn Pilates or for individuals with joint, back or medical conditions and for individuals recovering from injury. Contact Gail Devine at 646-5627.

For all ages.

DAY/TIME/SESSIONS	LOCATION	INSTRUCTOR	FEE
Appointment only	Sports Center	Physical Therapist	$85 per hour session/$65 per half-hour session

***MSC Physical Therapy is a preferred provider for Blue Cross, Blue Shield, Medicare, Tricare, Community Health Plan and many other insurance providers. Please see Gail Devine for insurance authorization, appointments and billing details.**